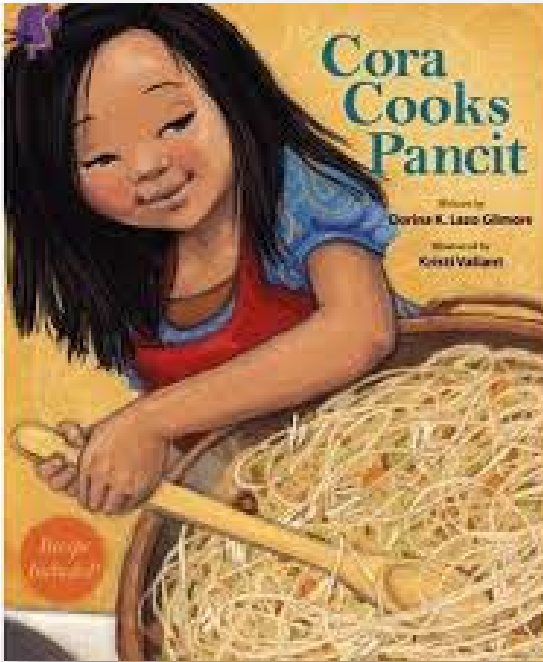


Cora Cooks Pancit

Author: Dorina K. Lazo Gilmore Illustrator: Kristi Valiant



Readers will explore the warmth between a mother and daughter as they share a piece of their Filipino heritage in this story. With bright and charming illustrations by Kristi Valiant, Cora's family comes alive as Cora herself becomes the family's newest little chef. This toolkit is designed to bring this book alive through a variety of fun family-oriented activities.

Vocabulary

Food-related words: ingredients, recipe, curry, noodles, cabbage, carrots, celery, water chestnuts, baby corn, ginger, boiled egg, bamboo shoots, garlic, onion, salt and pepper, soy sauce, olive oil

Action words: harvested, scrunched, unwrapping, scooping, soak, plopped, arranged, sloshed, straining, beamed

Social words: Asia, Filipino, identity, responsibility



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Early Literacy Weekly Schedule



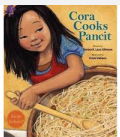
Monday: Warm-Up Discussion, Read Aloud, Connection Activity



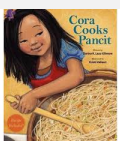
Tuesday: Categories Warm-Up Activity, Connection Activity, Vocabulary Review



Wednesday: Warm-Up Activity, Connection Activity, Family Engagement Project



Thursday: Vocabulary Activity, Connection Activity



Friday: Vocabulary Activity, Connection Activity



Day One

Warm-Up Discussion:

Share a time you made a meal or dish for your family. What did you choose to make? Was it a special occasion? Who helped you prepare the food?



Read Aloud Link:

[Cora Cooks Pancit, read by Dorina Lazo Gilmore](#)

Connection Activity:

Reflection Activity:

Materials: Piece of paper, marker/crayon/pencil

Directions:

1. Instruct children to draw a large circle in the middle of their paper. Explain that this is the inside of their serving bowl.
2. Next children will draw their favorite dish inside the circle.
3. Ask children to add as much detail as possible? As they are drawing, ask children about their dish. Is it crispy? Soupy? Spicy? Sweet?
4. Next, instruct children to draw themselves and their family members around the bowl.
5. Ask children about their pictures. Are the meals for special days? Encourage children to add details to show the home they are in and the occasion.

During Reading:

Ask children to demonstrate action words during the read aloud.

Action words: harvested, scrunched, unwrapping, scooping, soak, plopped, arranged, sloshed, straining, beamed

Think Aloud/Clarifying Question

1. What are the grown-up cooking jobs in your house?
2. What does a buttery voice sound like? Can you try saying this in a buttery voice? "What would you like to cook today?"
3. Which foods looks the most delicious to you? That's a hard choice.
4. Show students the real ingredients mentioned in this book.



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Day Two

Warm-Up Activity: Emoji

Rules: Youth will describe their favorite foods by drawing emojis. Youth can create their own emojis.

Favorite foods: 🍕 🍌 🍦



Vocabulary:

Recipe: a set of instructions telling how to make a dish

Ingredients: foods that are combined to make a dish

Quantity: the amount or number being used

Directions: the steps that tell us how to do something

Connection Activity

Independent Reading Activity: Reading a Recipe

Objective: Children will learn about and identify parts of a recipe.

Materials: Printed recipe from internet or book, pink, yellow, and blue highlighters, a blank recipe template and pencil, or flip chart paper and markers

Directions:

1. Introduce vocabulary. Add words to your Word Wall and define the words.
2. Split children into teams. Each team should appoint a recorder to write the recipe and a speaker to present to the group.
3. Give each team a recipe to read. Instruct children to highlight the quantities of each ingredient with a yellow highlighter. With a blue highlighter, children will highlight each ingredient. With a pink highlighter they will draw a circle around the directions and then underline the verbs or action words in each step.

Example: 1. Prepare chicken. Action word is prepare.
4. Collaboration Time: Give each team a blank recipe template or flipchart paper. Instruct recorders to write down all the ingredients from the recipe they were given. Each team will create a new recipe with the same ingredients as the recipe they were given. Instruct children to create no more than 5 new steps.
5. Group speakers can take turns presenting to group.



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Day Three

Warm-Up Activity: Mini Game Show

The Rules:

Divide students into two teams and give each student a number. Number 1 from each team comes to the front of the room. The teacher reads a clue related to a word (the clue could be a definition or example of the word) and the first person to slap the board or desk gets to answer. If correct, his team earns a point. If incorrect, the person from the other team has a chance to earn a point. Repeat with the following sets of students. The team with the most points wins.

Materials: Clues for each word



Family Engagement Project

Pancit Challenge!

Pancit is a great recipe to keep in the family vault! A balanced dish you can serve in a pinch! It's a great dish to teach your future chef at home. Send each family a recipe of Pancit. Encourage families to make Pancit together at home. Ask families to send pictures of them with their Pancit!

[Quick and Easy Pancit Recipe](#)

Parents can watch this video about Kitchen Safety for Kids

Connection Activity Cookbook Project

Objective: Participants will learn about themselves and their family traditions.

Materials: Blank recipe template or blank recipe cards, binder, binder dividers

Prep: Children will ask their families to provide them with a famous family recipe. Children will bring it to programming.

Directions: Children will use a template to share their family recipes to create a class cookbook.

Community Connection

Check out the Free Library of Philadelphia
Culinary Literacy Center

[Free cooking classes and events for kids!](#)

[Follow the Free Library of Philadelphia
Culinary Literacy Center on Facebook for
virtual cooking classes and events.](#)

Day Four

Vocabulary Activity: Erase a Word

The Rules:

Divide students into two teams. Write two lists of unit words on the board (one for each member of each team). Each team forms a line leading to the board. When given the signal, the first child on each team goes up to the board, points at the first word in the team's column, and reads aloud that word. If the student reads the word correctly, he or she erases that word. The student then moves to the back of his or her team's line. The first team to erase all the words on their list wins.

Materials: Chalk or marker, eraser



Connection Activity:

Express Noodle Recipe

Ingredients: assorted frozen vegetables (not mixed preferred), chopped fresh green onion or dried chives, chopped boiled eggs, chicken Vienna sausages, Cup of Noodles (1 for each student), hot water, salt and pepper

Materials: microwave, small plates, forks, napkins

Prep: Thaw and rinse vegetables with warm water, Chop and slice boiled eggs, chicken Vienna sausages, and green onion

Directions:

1. After everyone has washed their hands, give each child a small plate and spoon.
2. Serve each child a spoonful or two of each vegetable to taste on their plate. Allow children to sprinkle salt and pepper if they prefer.
3. Give each child their Cup of Noodles. Pull off seal being careful not to pull it off completely. Remove seasoning packet.
4. Allow children to add their special ingredients and seasoning packet - not more than 1 teaspoon/ingredient.
5. Add hot water to noodles. Cover for 4 minutes.
6. Serve and enjoy!



Day Five

Vocabulary Activity: Vocab Shot

The Rules: Divide the class into two teams. Each member of the team is asked a vocabulary question (definition, spelling, pronunciation, etc.). If the child gets the answer right, they win a point for their team, and they have the chance of getting another question if they're able to make a basketball shot. If the child makes the shot, they're asked another question. If they get that right, they have another chance at the basketball shot, but this time they must take a step or two back. This continues until the child misses a shot or gets a question wrong. In either case, the next question goes to the other team. After everyone has had a turn, the team with the most points wins.

Materials: Foam basketball and hoop (or paper wad and recycling bin), vocabulary words



Connection Activity

STEM : Measuring in the Kitchen

Materials: Measuring spoons, measuring cups, empty milk gallon, poster/slide

Objective: Become familiar with kitchen measuring tools. Learn about abbreviations.

Directions:

1. Define abbreviation as a shortened version of a word. Explain that recipes sometimes use abbreviations to shorten words.
2. Write the following words on one side of slide or board: teaspoon, tablespoon, cup, pint, quart and gallon.
3. On the other side write abbreviations: tsp., tbsp., c, pt., qt., gal.
4. Match: Ask children to match the abbreviation to the words.
5. Collaborate: Split children into small groups. Give each group 2 measuring tools.
6. Investigate: Instruct children to use the smaller tool to investigate how many times it takes to fill the larger tool with water.
7. Record: record your results

Possible conversions:

Teaspoon to tablespoon

Pint to gallon

Tablespoon to cup

Teaspoon to cup

Cup to gallon

